

# Turning Back the Clock: Ranibizumab Regression of DR—How Much, How Long, and How Durable?

Michael J. Elman, MD,<sup>1</sup> Pin-wen Wang, PhD,<sup>2</sup>  
Shamika Gune, MD,<sup>2</sup> Anne E. Fung, MD<sup>2</sup>

<sup>1</sup> Elman Retina Group, Baltimore, MD  
<sup>2</sup> Genentech, Inc., South San Francisco, CA

## Purpose

- To evaluate the efficacy and durability of improvement in diabetic retinopathy (DR) severity with ranibizumab (RBZ) in the RIDE/RISE studies

## Background and Methods

- DR is the leading cause of blindness in adults of working age in America<sup>1</sup>
- As DR progresses, patients experience a number of serious complications, including vitreous hemorrhage, retinal ischemia, retinal neovascularization, and venous bleeding that can contribute to permanent vision loss<sup>1,2</sup>
- The severity of DR is assessed using the Early Treatment Diabetic Retinopathy Study (ETDRS) DR severity scale (DRSS) (Figure 1).<sup>3,4</sup>
- In RIDE/RISE, DR severity was measured using the ETDRS DRSS by masked evaluators at the University of Wisconsin Fundus Photograph Reading Center using color 7-field fundus photographs taken at baseline and throughout the study (Figure 1).<sup>4,5</sup>
- Progression and improvement of DR severity were measured using step changes in ETDRS DRSS levels
- Per the ETDRS DRSS criteria, eyes that had received panretinal photocoagulation (PRP) could not receive a score better than 60<sup>6</sup>

Figure 1. The ETDRS Diabetic Retinopathy Severity Scale<sup>2,5</sup>

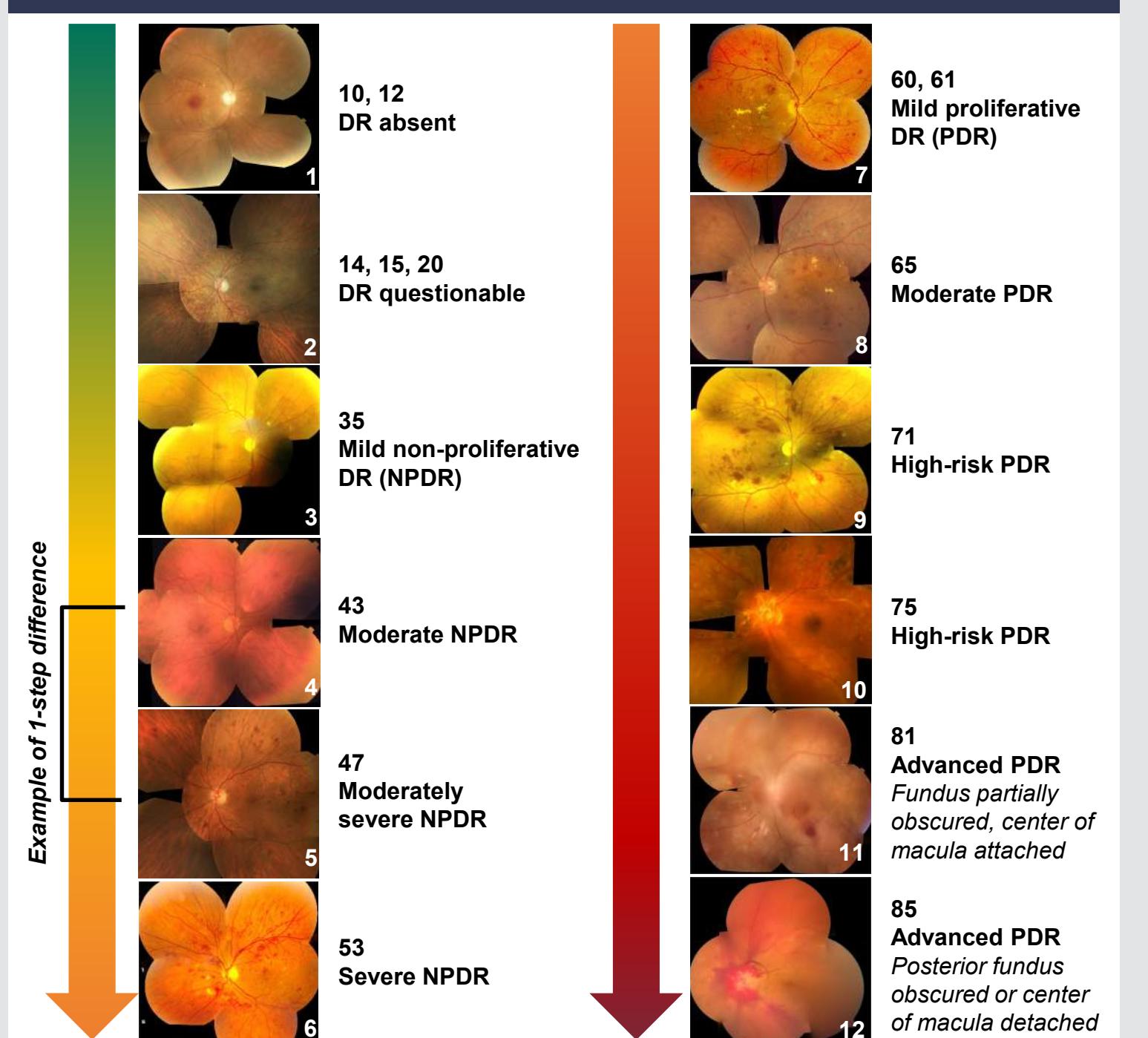
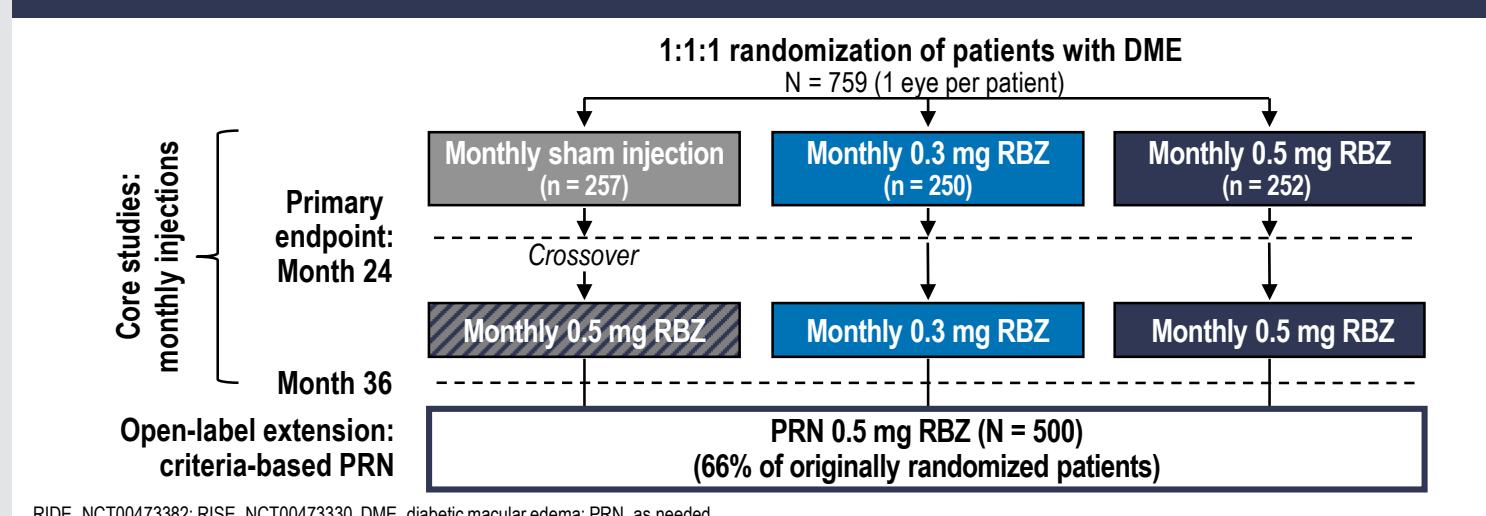


Figure 2. RIDE/RISE Study Design<sup>4,6</sup>



## Results

### How Much?

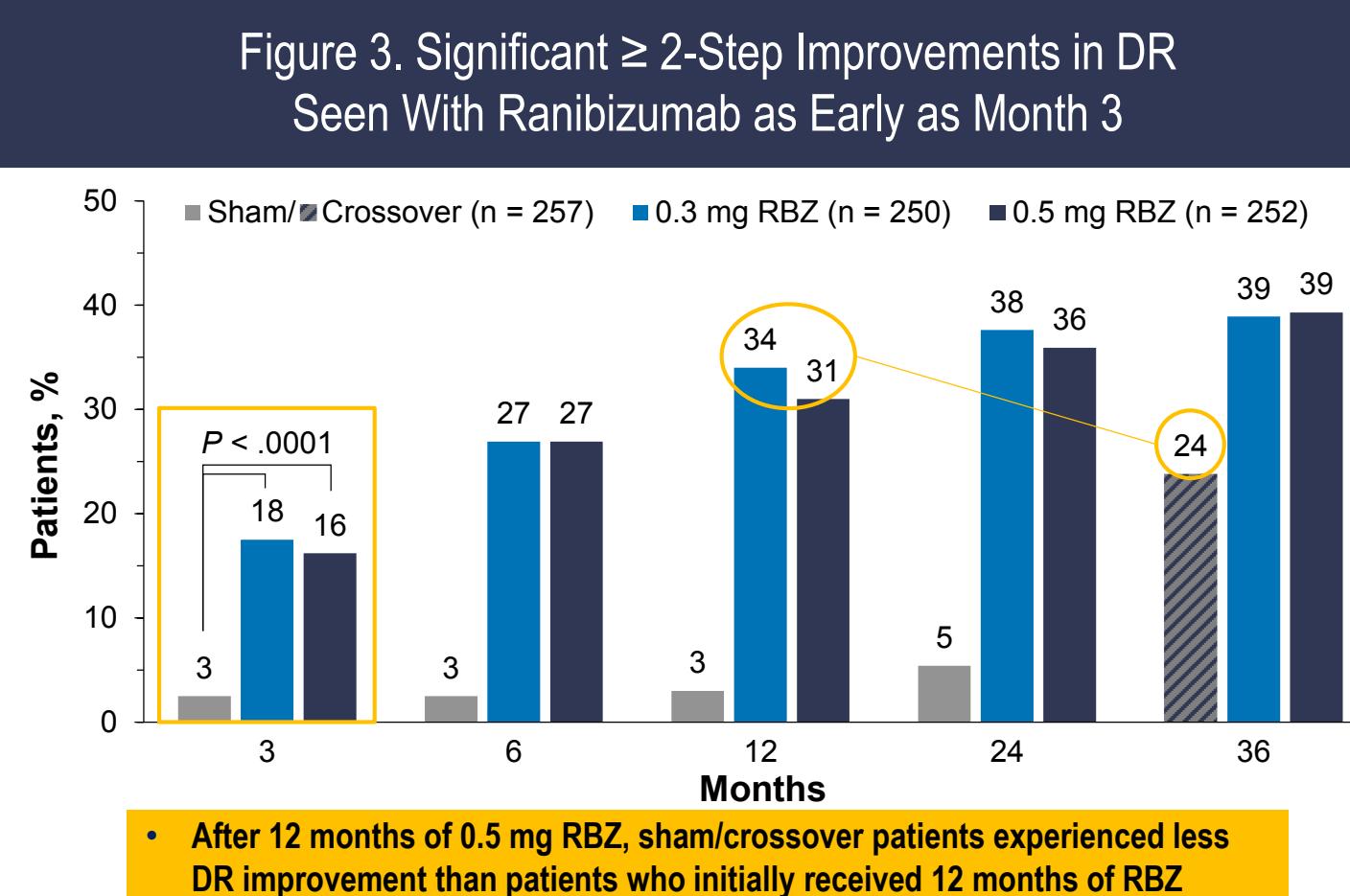


Figure 4. Significant  $\geq$  3-Step Improvements in DR Seen With Ranibizumab as Early as Month 12

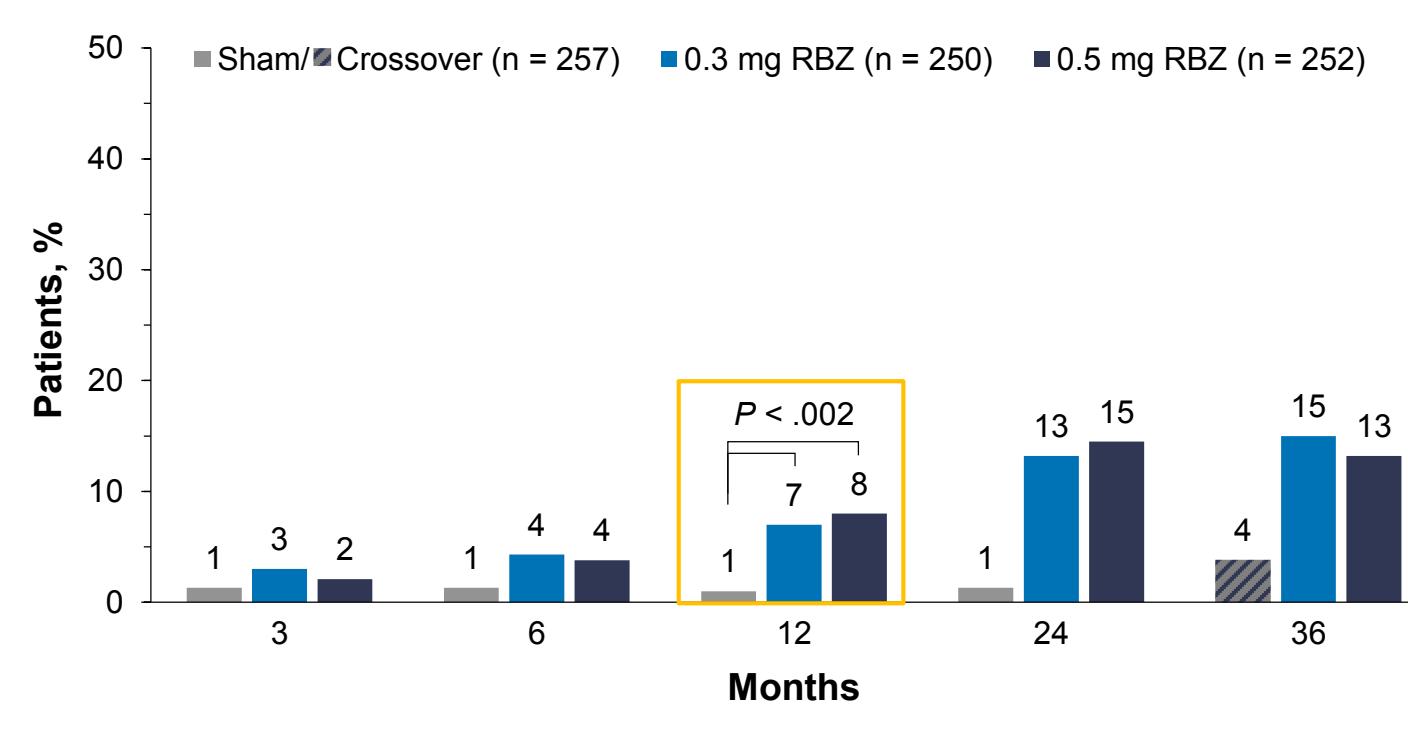
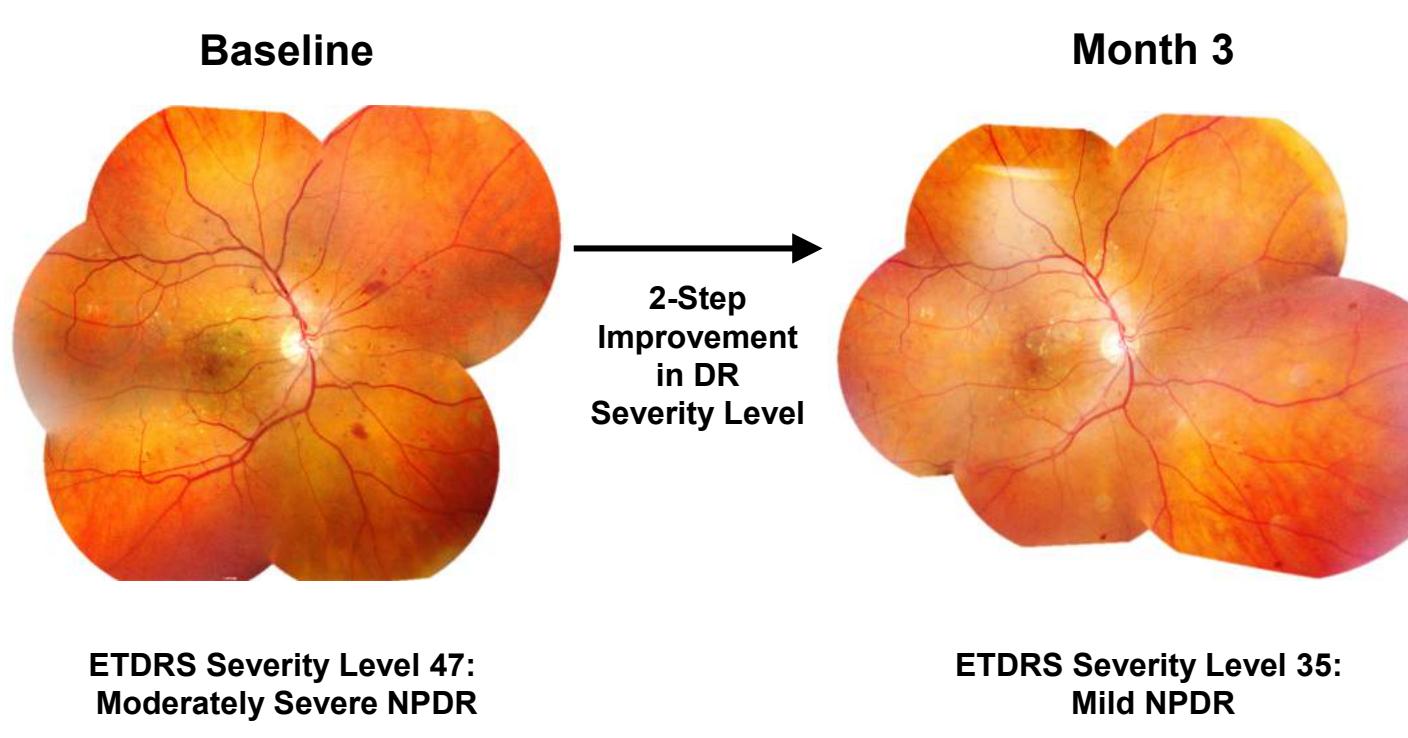


Figure 5. Case Example: Early 2-Step DR Severity Improvement With Ranibizumab



### How Long?

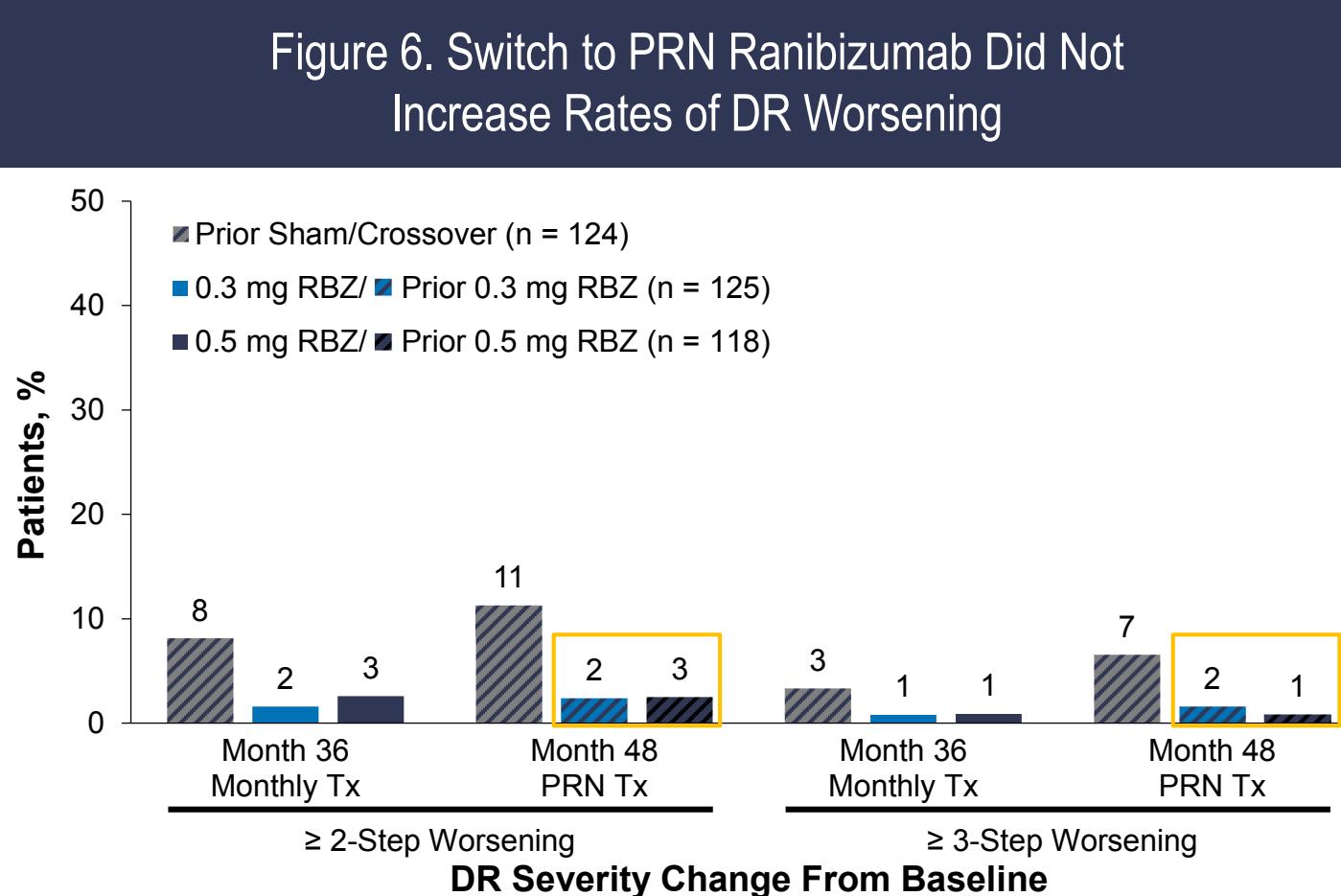


Figure 7. Patients Continued to Show Improvement in DR With PRN Ranibizumab Treatment

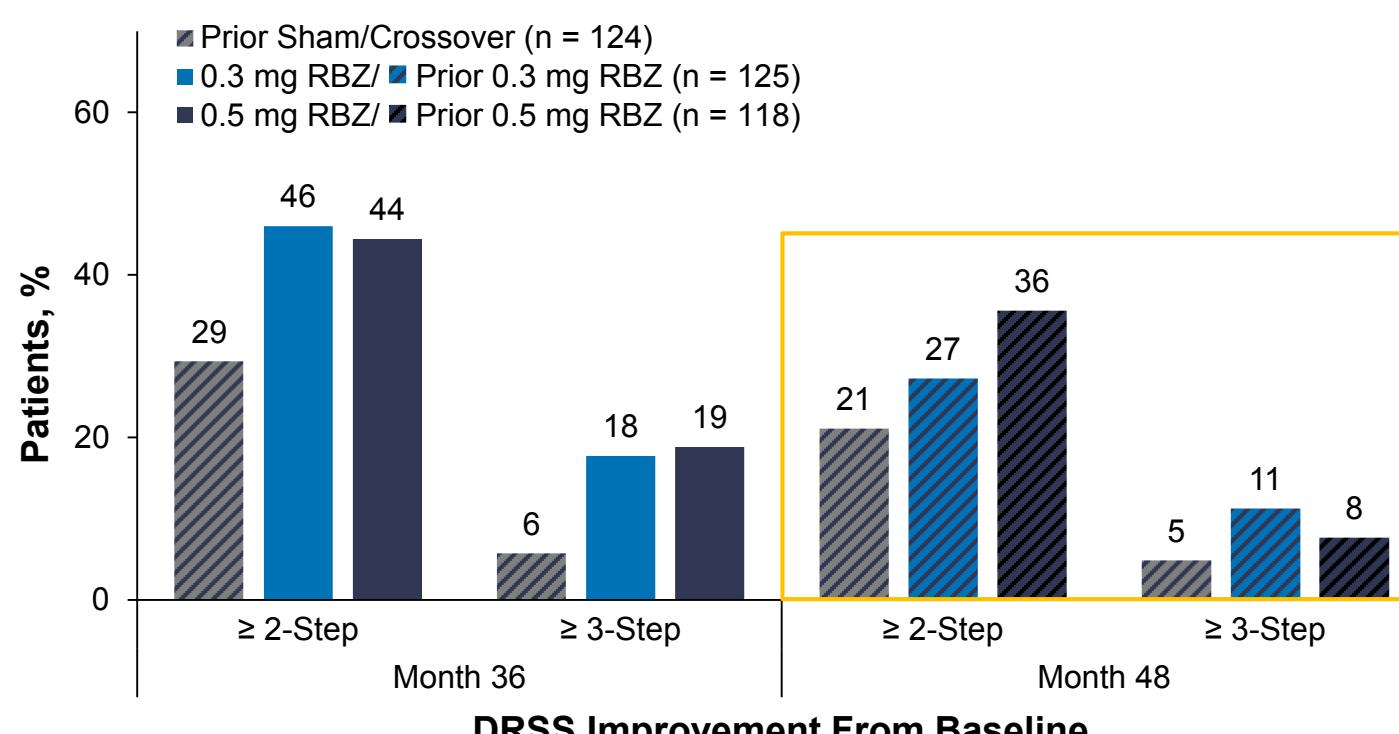
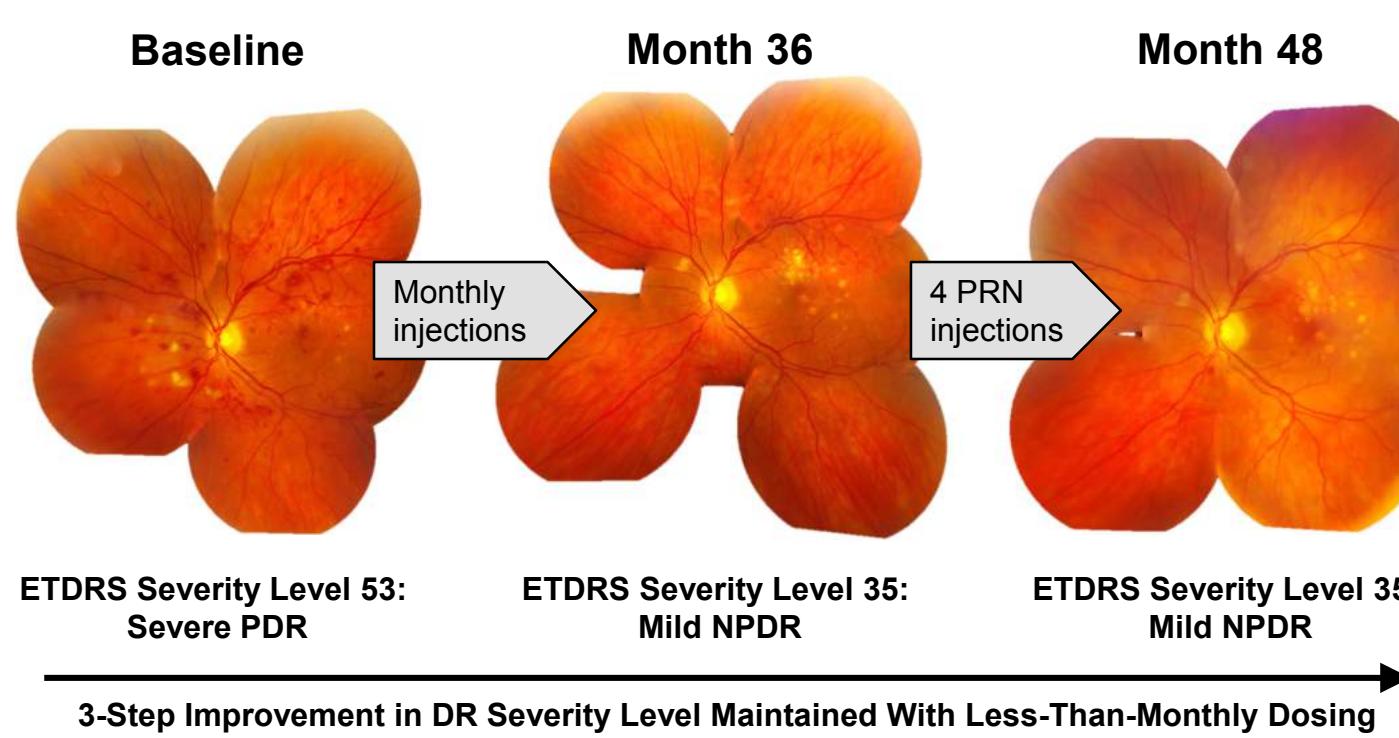


Figure 8. Case Example: Improvement in DR With Ranibizumab Maintained With PRN Dosing



### How Durable?

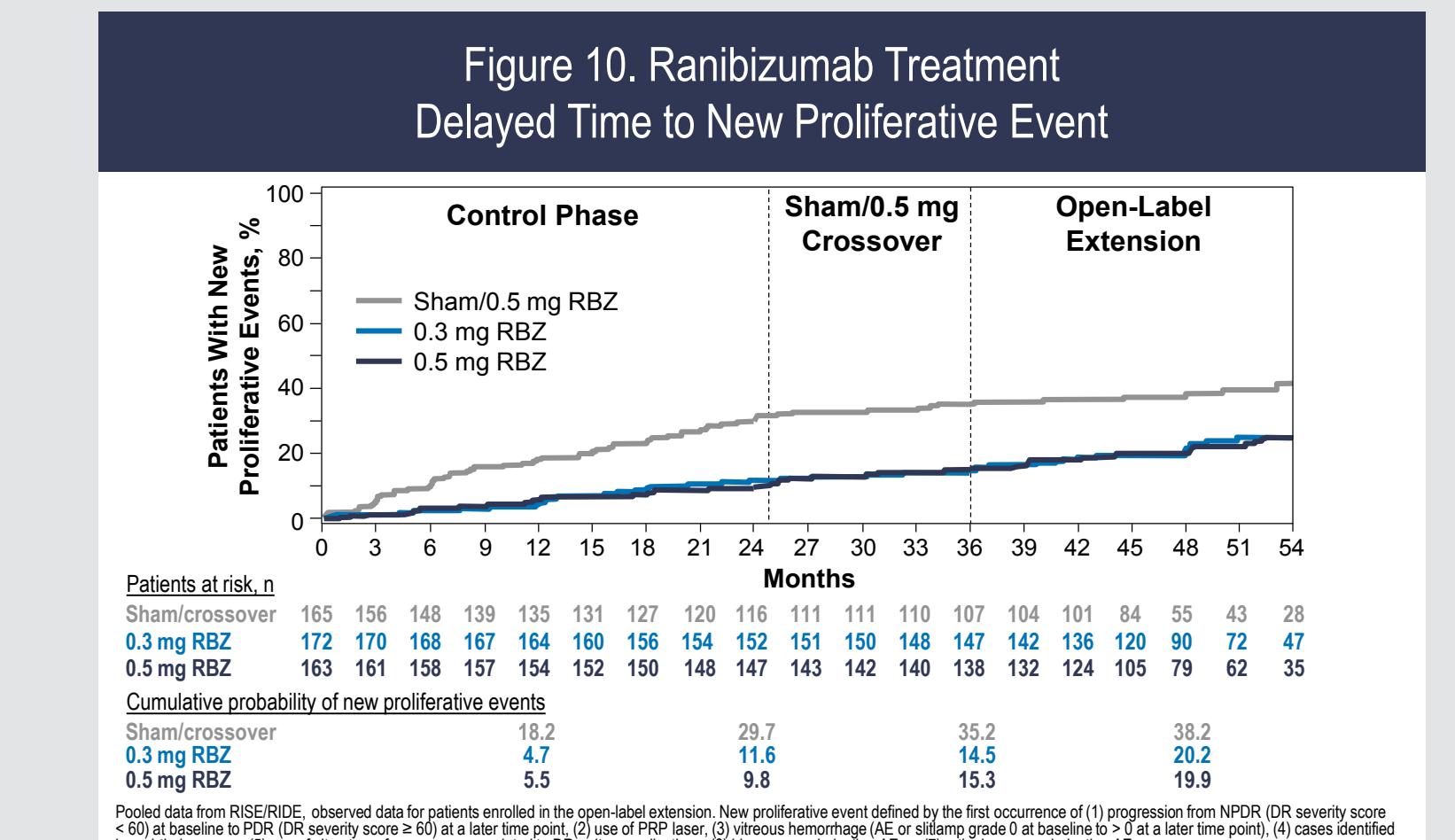
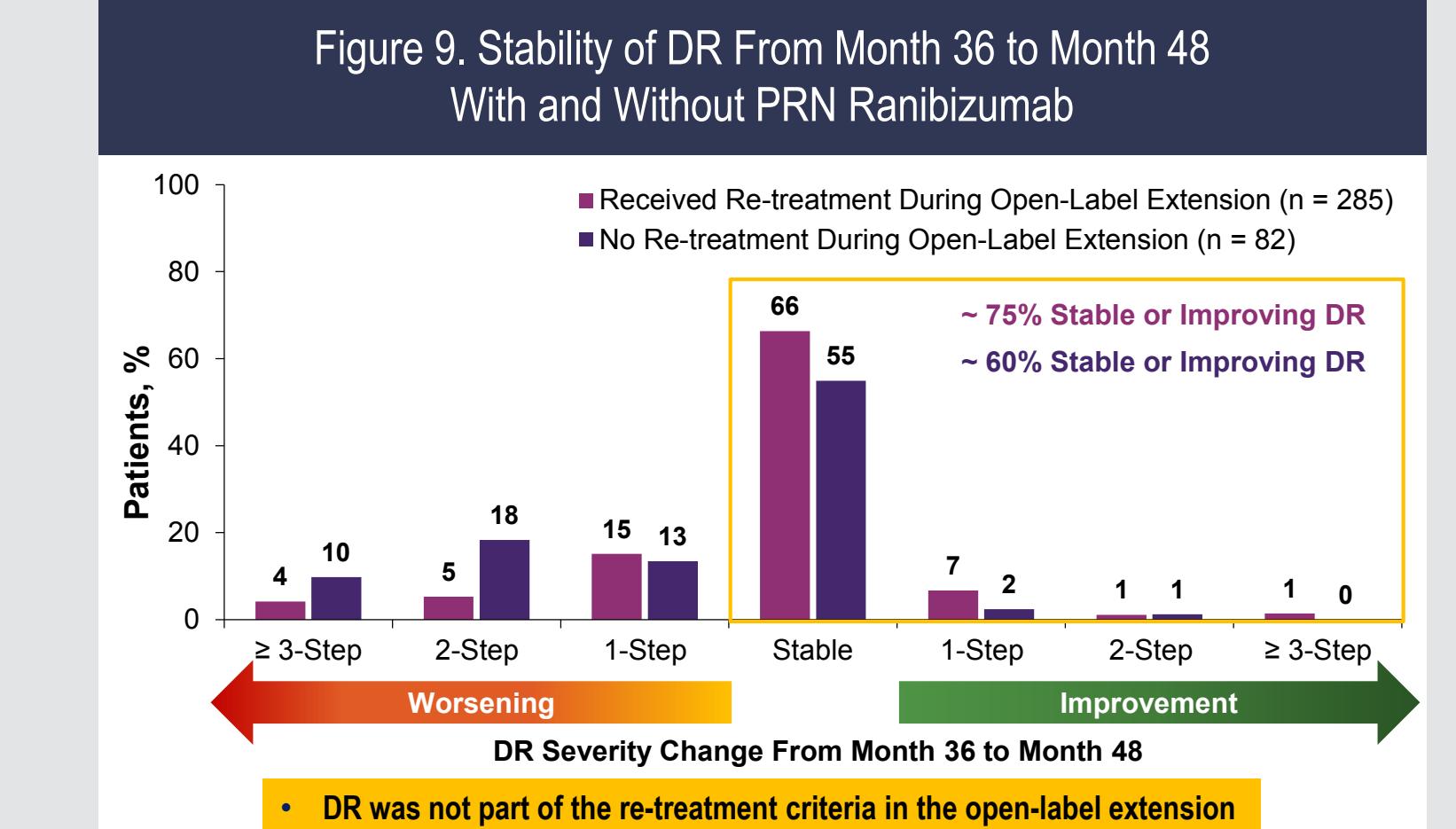
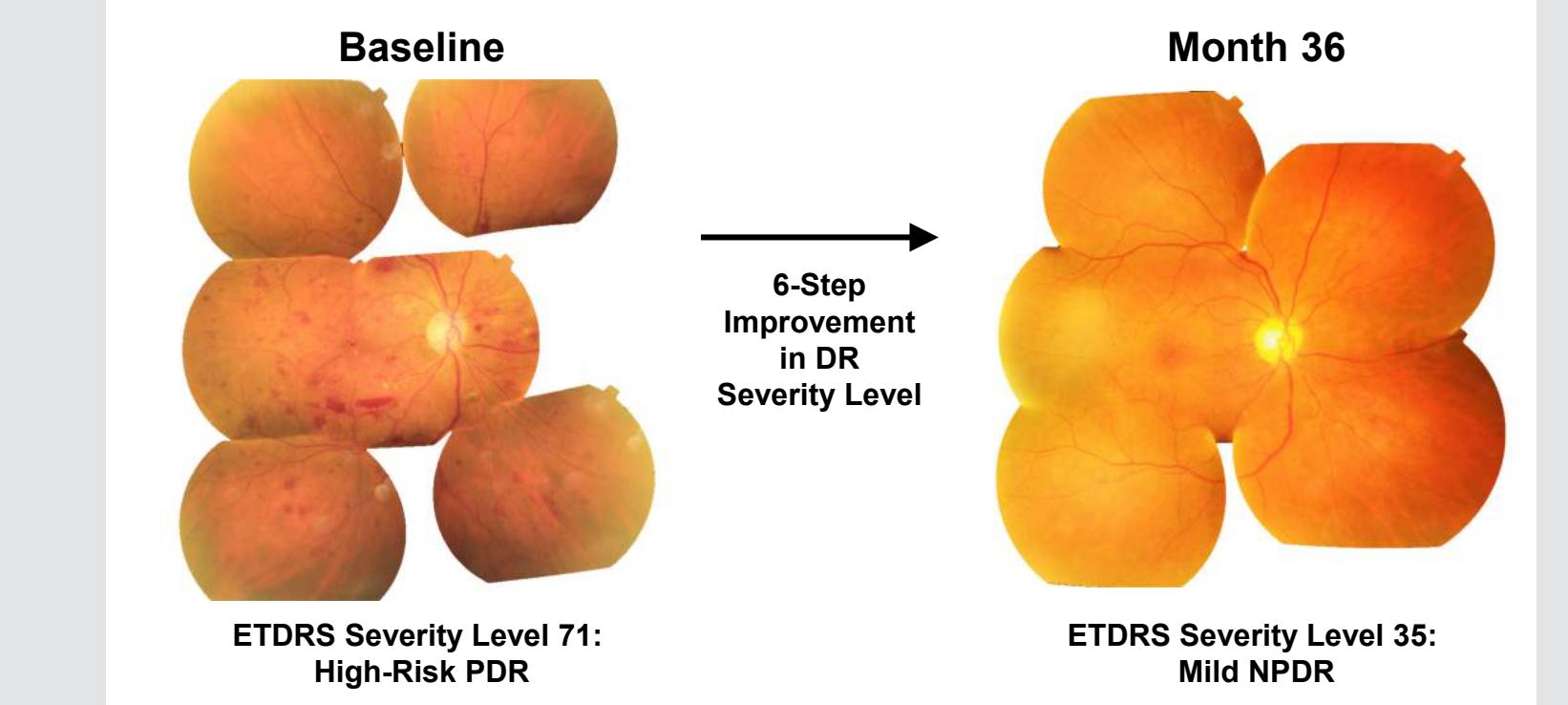


Figure 11. Case Example: Resolution of PDR With Ranibizumab Without PRP



## Conclusions

- How much?**
  - Nearly 40% of ranibizumab-treated patients had  $\geq$  2-step DR severity improvement
  - $\sim$  15% of patients had  $\geq$  3-step improvement
- How long?**
  - Significant rates of DR improvement were seen as early as month 3 ( $\geq$  2-step) and month 12 ( $\geq$  3-step) and were sustained throughout the 3-year core study
- How durable?**
  - From month 36 to month 48, stable or improving DR was seen in
    - $\sim$  75% of patients receiving PRN ranibizumab
    - $\sim$  60% of patients receiving no ranibizumab after month 36
  - No increase in worsening of DR after switching to PRN
- Monthly ranibizumab therapy led to meaningful improvements in DR severity that subsequently were maintained with a less-than-monthly PRN regimen**

This is an interactive poster. Scan code at right using your smartphone or tablet to see a patient's response to ranibizumab over time, or visit <http://bit.ly/1P6rZtj>



## References

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## Disclosures

- ME: Genentech, Inc. (C, L, S), Merck (S), Notal (C, O, S), Novartis (S), Ohr Pharmaceutical, Inc. (C, O, S), PW, SG, AEF: Genentech, Inc. (E)
- This study includes research conducted on human subjects
- Institutional Review Board approval was obtained prior to study initiation
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